



FILL WEIGHTS/SIZES:

CASE PACK:	12/12 OZ.
PORTIONS/UNIT:	12 PCS
NET WEIGHT PER CASE:	9.0 LBS.
GROSS WEIGHT PER CASE:	11.0 LBS.

MASTER CARTON/PALLET DIMENSIONS:

CASE DIMENSIONS:	14.5 x 10.3 x 7
CASE CUBE:	0.61
PALLET TIER & HEIGHT (TIxH):	11X10
PALLET CUBE:	67.1 CU. FT.

MANUFACTURER UPC:

8928001000

SPANAKOPITA SPINACH & FETA FILLO TRIANGLES

Aristo's Fine Greek Foods has made its name by providing high quality Greek cuisine, and our savory and healthy spanakopita is no exception. Aristo's spanakopita offers a classic blend of spinach, feta, scallions, and dill wrapped in traditional fillo dough. Aristo's Spanakopita is a perfect dish for tantalizing the palate with authentic Mediterranean flavor. Gourmet Chefs and cooks alike will agree that this popular appetizer is ideal for formal parties or social gatherings.

- A versatile snack
- Made with only all natural ingredients
- Only 67 calories per piece
- Zero trans fat
- Kosher@dairy

COOKING & HANDLING

1. Keep frozen until ready to bake.
2. Pre-heat oven to 375° F. Remove plastic wrap.
3. Bake in tray at 375° F for 25-30 minutes or until golden brown.
4. Let stand a few minutes before serving.
5. Convection oven reduces time by approximately 1/3.

- For best results, brush with clarified butter.
- DO NOT MICROWAVE.

STORAGE INFORMATION

Keep frozen at 0° F or below until ready to use.

SHELF LIFE

12 months (frozen 0° F or below)

Nutrition Facts

Serving Size 3 pieces (85 g)
Servings per Container 32

Amount per Serving		Calories from Fat 100	
Calories	200		
% Daily Value*			
Total Fat	11g		17 %
Saturated Fat	4g		20 %
<i>Trans Fat</i>	0g		
Cholesterol	35mg		12 %
Sodium	230mg		10 %
Total Carbohydrate	20g		7 %
Dietary Fiber	1g		4 %
Sugars	1g		
Protein	6g		
Vitamin A	15 %	Vitamin C	4 %
Calcium	10 %	Iron	8 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	Less than	300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrates 4 • Protein 4